



you can
sit with me

Step-by-Step Onboarding Guide for Schools

Welcome to the YOU CAN SIT WITH ME community!
Together, we can make every child feel welcome,
included and valued.

Step 1: Start the Conversation

Speak with your school principal about bringing YCSWM to your school.
Share the vision of kindness and inclusion for all students.

Step 2: Bring Staff on Board

Hold a short 15-minute staff meeting to introduce the program and explain how it works.
Create a shared understanding and enthusiasm among your team.

Step 3: Order Wristbands

Visit www.youcansitwithme.org
Order your YCSWM wristbands – a bright symbol of inclusion and empathy.

Step 4: Host a Whole-School Assembly

Use the Assembly Pack provided to introduce YCSWM to your school community.
Celebrate the message that *everyone belongs*.

Step 5: Inform your Parent Community

Share the YCSWM parent information template to keep families informed and involved.
When parents understand the message, kindness grows beyond the classroom.



Step 6: Choose your Ambassadors

Year K-6: Select 8 ambassadors per class.

Highschool: Select 8 ambassadors per 30 students.

Step 7: Empower your Ambassadors

Meet with your ambassadors to talk about their special role.

Use the YCSWM information template to guide your conversation.

Step 8: Watch Kindness Bloom!

Enjoy seeing your school become more inclusive and caring.

Rotate ambassadors each term and take part in termly activities (available on the website and via email).

By the end of the year, every child will have the chance to be an ambassador, spreading kindness and changing behaviours school-wide.

**Recognised by the Australian Government's
Anti-Bullying Rapid Review
YOU CAN SIT WITH ME is proud to be
identified as a Tier 1 preventative program,
supporting positive wellbeing and early
intervention.**

If you have any questions, please email us at sophie@youcansitwithme.net.au