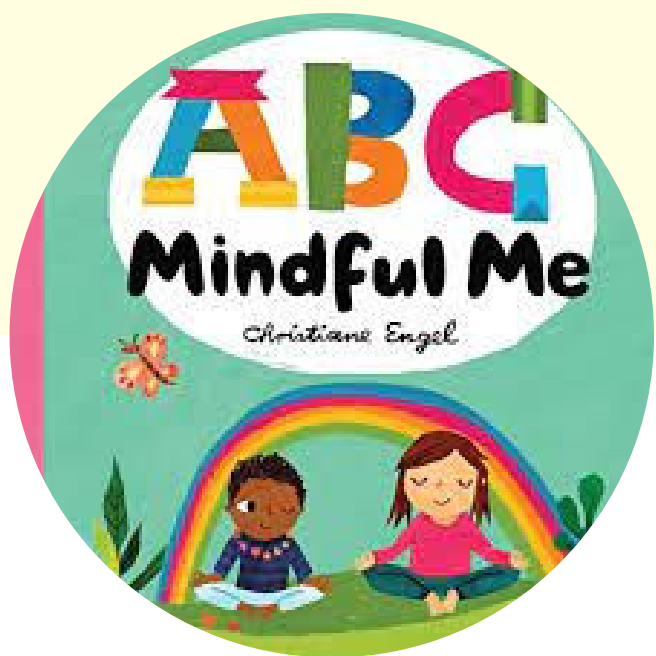


# BOOKS TO TEACH

## CHILDREN ABOUT KINDNESS



### ABC MINDFUL ME

written by Christine Engel.

Pairing simplified mindfulness principles with each letter of the alphabet.



### KINDNESS MAKES US STRONG

written by Sophie Beer. This joyful book shows various children spreading kindness in all different situations.



### THE LION INSIDE

written by Rachel Bright.

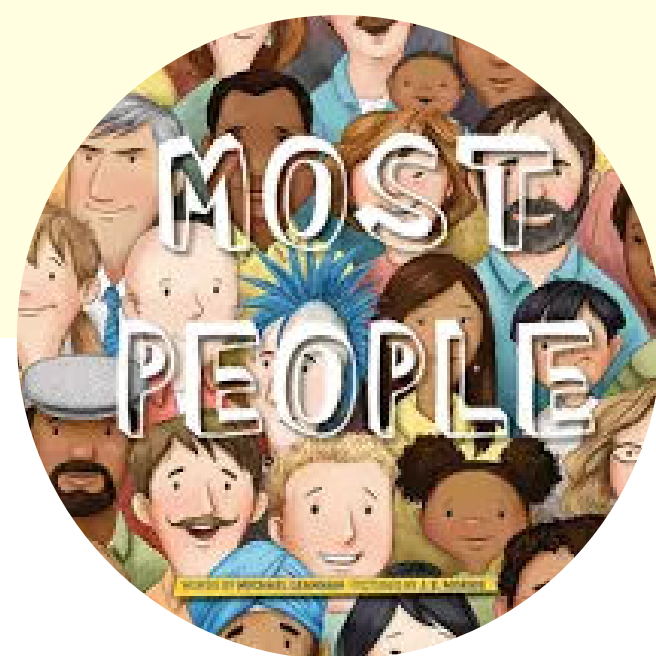
A rhyming story about one little mouse, who discovers that even the smallest of us have the heart of a lion.



### BE KIND

written by Pat Zietlow Miller.

A sweet but powerful picture book illustrating the power of small acts of kindness.



### MOST PEOPLE

written by Michael Leannah.

A reassuring picture book, showing children there is kindness everywhere, even when things look scary.



### KINDNESS IS MY SUPERPOWER

written by Alicia Ortego. A charming story about a boy who learns its better to be kind than a bully.



you can sit with me