

How to report serious cyber bullying



Save evidence

Take screenshots or photos of any content. Make sure you note down webpage addresses and usernames.

Report

Always report to the webpage or games online service. You can also report to **esafety.gov.au**.



Stop Further contact

Block or mute messages from the other person and do not reply to any future contact from them.

Get more support

Talk to a trusted adult, parent or teacher about anything that is upsetting you online.



you can sit with me